

KNOW YOUR NUMBERS...



DEXASCAN SCREENING EVENT

DATE

Saturday February 22, 2020

LOCATION

533 Venture Court - Monticello, GA

TIME

9:00am - 5:30pm

REGISTRATION

www.bulldog24x7.com/dexabody

Pay on Day of Screening



Body Composition/ Bone Density (Dexabody Dexascan)

15 minutes @ \$52.00

A comprehensive Dexascan report will tell you your lean muscle mass, fat mass, bone density, and body symmetry along with a complete bone density scan. Once a baseline is complete, additional scans will display your progress and allow you to really hone in on your weight loss or muscle mass goals! Exercising, but not losing weight? The Dexascan will tell you if you are converting that weight to muscle. Get more details at www.dexabody.com/dexabodycomposition

V02Max Testing

30 minutes @ \$80.00

Each person has optimal training zones. Exercise equipment and charts that tell you target heart rates are actually just averages based on age and weight. The CardioCoach measures your precise target heart rate based on anaerobic threshold, then calculates your unique Target Intensity Zones. These Zones give you the precise heart rates necessary to optimize each level of exercise and maximize your results.

www.dexabody.com/vo2max

Resting Metabolic Rate Testing

15 minutes @ \$80.00

Metabolic Testing identifies your unique TARGET CALORIC ZONES so you can tip the scales to lose weight without depriving yourself. This will also help if you are an athlete looking to gain muscle mass! For complete details on this test check out:

www.dexabody.com/restingmetabolicrate

Please note this test requires fasting and no caffeine leading up to the test.

Registration Now Open